

MEDIA RELEASE

**Minister for Community Services
Minister for Women
The Hon. Linda Burney MP**



Wednesday, 21 October 2009

PROGRAM TO IMPROVE PARENTING SKILLS

Minister for Community Services Linda Burney is inviting parents of children with special needs in the Bondi Junction area to participate in the NSW Government's Triple P (Positive Parenting Program).

"This internationally acclaimed program, developed in Australia, aims to enhance the knowledge, skills and confidence of parents so that they can give their children a good start in life," Ms Burney said.

"The Triple P program will be held in Bondi Junction from the 4 to the 25 November. These groups are a wonderful resource and I encourage all parents of children with special needs to consider attending."

Bondi Junction Triple P group:

WHEN: 4, 11, 18 and 25 November

CONTACT: Paul Berchtold on 9310 6300 or email paul.berchtold@dadhc.nsw.gov.au

Ms Burney said that being a parent is not always easy and being a parent of children with special needs can be even harder.

"The great thing about Triple P is that it provides practical answers to every-day parenting concerns. It is based on a system of simple routines and small changes that can make big differences to families," she said.

"Evidence shows that the support families have during the children's early years will have a lasting influence throughout the lives of their children.

"The Rees Government has delivered on its commitment to supporting NSW families by providing \$5.2 million to roll out Triple P across the state."

Community Services delivers Triple P as part of the Families NSW early intervention strategy, in partnership with the Department of Education and Training, Ageing, Disability and Home Care, Housing NSW and NSW Health as well as parents, community organisations and local government.

Families NSW is offering Triple P through seminars, small groups or a self-directed program so families can choose the format that best suits their needs.

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