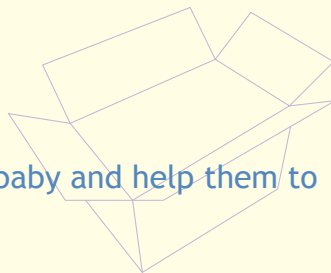


Games 4 babies



Games are a fun way to spend time with your baby and help them to grow and learn. Babies love hugs and smiles.

Peek-a-boo

Cover your face with your hands or a scarf and then show your face and say 'peek-a-boo'. Babies are happy to do this over and over again.

Lost and found

Let baby play with a cup or toy and then cover it with a towel or hanky. Baby will look for the missing object. You may need to help baby find it.

Chasing

Give baby a head start and then crawl after baby. When you catch up, give them a cuddle. You can also help baby to chase balls or rolling toys

Imitation games

Babies love to imitate you – laugh, cough, clap your hands and move your arms and watch baby try to do the same.

Fill it up

Put objects like pegs, balls or blocks into a box or saucepan. Show baby how to take the objects out and put them in again.



NSW Department of
Community Services

Play, talk, laugh and sing with your baby.





Games 4 toddlers



Toddlers love to explore – here are some fun and easy ways to play with your little one. Spending time together makes your child feel special!

Cardboard boxes

Cardboard boxes are great toys. They can be taped together, painted and decorated to become cars, towers and tunnels. Cut (or draw) windows and a door into a large box and you have a house.

Sand and water play

Toddlers love to play in sand and water. Give them some plastic containers like mugs, buckets, spades and a funnel with a tray of water or sand. Never leave a child alone with water.

Making music

Toddlers can have lots of fun with home made instruments. Fill a tin or plastic container with rice or stones and shake. Nail bottle tops to a stick that you can rattle. Put paper over the top of a tin to make a drum. Make clapping sticks from pieces of wood. Play some music and get up and dance with your toddler.

Painting

Paint with fingers, brushes, sponges, toothbrushes, onto just about anything – paper, cloth, newspaper, wood, paper bags and plates, bark, rope. Do it outside because it will be messy. Children also love to paint with water – give them a brush and let them paint the outside doors, windows and walls.

Sorting

Toddlers love to sort things into different groups. Try using coloured pegs, stones, shells, pasta, big buttons or food. Sort the pegs by colour, shells by size, buttons by shape or whatever way you decide. Pasta, shells and buttons can also be threaded onto string to make necklaces.

Spend time with your toddler - play and talk with them.